THE SPA
AT VILLA ARGENTINA

Immerse Yourself in the Ageless Equilibrium of the Adriatic

created and delivered exclusively with

ESPA

VILLA ARGENTINA

THE POMALO MINDSET

There's a word for the good life on this coast: *pomalo*. Literally it means slowly — but ask anyone who has spent real time here and they'll tell you it's closer to a philosophy: slowing down, staying present, and savouring the simple things without hurry. It isn't the absence of stress; it's a choice to prioritise enjoying life anyway and to move at an unhurried pace.

Slowing down is the ultimate luxury. Our goal, for the time you're with us, is simple: to help you slow down. Wherever you've travelled from — however fast-paced the life you've left behind may be — this is your invitation to reconnect with yourself, at your own pace, without apology.

So, embrace the *pomalo* mindset. Let a treatment run long if that's what you need. Let the afternoon disappear. At The Spa at Villa Argentina, every ritual is built around this same unhurried trust — shaped around you, and what you need in this moment.

ESPA

Our treatments are created and delivered exclusively with ESPA, one of the world's leading spa and skincare brands. Founded in 1992 around the power of aromatherapy to bring body, mind and spirit into balance, ESPA combines the wisdom of natural therapies with high-performance formulations and carefully selected plant extracts, marine actives and essential oils — a philosophy that speaks the same unhurried, deeply attentive language as *pomalo* itself.

The Art of Touch

For our therapists, this has never been simply a job. They are here to care for people — to listen closely, to adapt without being asked, and to help you heal in whatever way you need that day. Before any treatment begins, they take the time to properly understand you: what you're carrying, and what would genuinely help. The menu that follows — massages, facials, body treatments — is only ever a starting point; what happens in the room is shaped around you.

Spa Facilities

Facilities include a thermal suite with sauna, steam room, Himalayan salt room and ice fountain, as well as dedicated relaxation areas, an 18-metre indoor pool, a 20-metre outdoor pool and a fully equipped fitness studio.

Spa treatments	10:00am – 8:00pm
Sauna, steam room & thermal facilities	10:00am – 8:00pm
Indoor pool	10:00am – 8:00pm
Outdoor pool	7:00am – 10:00pm
Fitness studio	Open 24 hours

For further information about our spa facilities and treatments, please contact The Spa at Villa Argentina on extension 7563.

This is your time.
Your space. Your breath.
You are exactly where you need to be.

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SIGNATURE RITUALS

The Dalmatian coast has drawn travellers for centuries — traders following ancient sea routes, salt gatherers still working the pans at Ston, and generations of visitors who have found rest within Dubrovnik's stone walls after each day's journey. The Spa at Villa Argentina draws on this same spirit of arrival and restoration, bringing the textures, minerals and unhurried pace of the Adriatic into every ritual.

From warm salt stones to soothing marine muds, each signature treatment reflects the landscape and traditions of this coastline, inviting you to slow down, breathe deeply and reconnect — with the sea, with the region's history, and with yourself.

Stone & Sea Ritual

MUSCLE RECOVERY | SALT STONES | COOLING CRYO GLOBES

Restore body and mind with this warming and cooling ritual inspired by the natural contrasts of the Dalmatian coast. Warm Himalayan salt stones melt away tension across the back, neck and shoulders before cooling cryo globes gently soothe and revive the face through a refreshing facial massage. A calming scalp massage completes the experience, leaving you relaxed, restored and refreshed.

Includes: *Foot bath ritual – salt stone back massage – facial massage – cooling cryo globes – scalp massage*

75 minutes €260 | €260 *

Travel Recovery Ritual

TRAVEL RECOVERY | SALT STONES | PEPPERMINT & ALOE

Thoughtfully designed to reset body and mind after travel and exploration, this nurturing ritual begins with a refreshing peppermint and aloe vera exfoliating treatment to smooth and awaken the back. A warm marine mud mask comforts tired muscles while the feet and lower legs are renewed with exfoliation and massage. The experience concludes with a warming salt stone back massage using your personally selected ESPA Signature Blend, leaving you restored, rebalanced and ready to embrace the Dalmatian spirit of *pomalo* — the art of slowing down, taking life gently and allowing yourself time to simply be.

Includes: *Foot bath ritual – back exfoliation – warm marine mud mask – foot and lower-leg exfoliation and massage – warm mask removal – salt stone back massage – Rescue Balm application to the back of the body*

75 minutes €260 | €260 *

105 minutes · includes a full-body massage €370 | €370 *

Return to Rest Ritual

DEEP RELAXATION | HERBAL POULTICE | RESTORATIVE SLEEP

Return to a state of balance with this deeply calming ritual. An invigorating exfoliation renews the skin before warm aromatic herbal poultices melt away muscular tension, soothe tired joints and envelop the senses in comforting warmth. A purifying and rebalancing full-body massage completes the experience, allowing you to find your fjaka — Croatia's secret art of true relaxation, where the body rests, the mind quiets and time seems to slow.

Includes: *Foot bath ritual – full-body exfoliation – warm herbal poultices – full-body massage*

120 minutes €415 | €415 *

Signature Gua Sha Glow Ritual

BODY & FACE | RADIANCE | RELAXATION

Ease tension and restore natural radiance with this restorative face and body ritual using targeted massage techniques and ESPA aromatherapy oils. A focused back, neck and shoulder massage relieves deep-seated muscular tension before a rejuvenating Gua Sha facial enhances luminosity and revitalises the complexion. Expert Gua Sha massage, soothing steam, gentle exfoliation and targeted multi-masking combine to restore balance to body, mind and skin, revealing a beautifully healthy, lit-from-within glow. A nourishing body application completes the experience.

Includes: *Foot bath ritual – back exfoliation – back, neck and shoulder massage – skin analysis with Skin Vision lamp – cleansing and exfoliation, including FOREO – Gua Sha facial massage – targeted double mask – Gua Sha hand and arm massage – nourishing body application*

120 minutes €415 | €415 *

Footsteps Through Time Restorative Ritual

TIRED FEET | RESTORATIVE MASSAGE | RENEWED LIGHTNESS

After a day spent exploring Dubrovnik's polished stone streets, hidden alleys, monasteries, forts and historic city walls, this restorative ritual brings welcome relief to feet and lower legs wearied by walking, climbing and discovery. Inspired by the generations of travellers who have passed through the city over the centuries — and the welcome rest sought at the end of every journey — this ritual reflects the timeless need to pause, recover and continue onward renewed. A refreshing foot bath and smoothing exfoliation prepare the skin before deeply focused massage eases tension through the soles, ankles and lower legs. Cooling peppermint and soothing aloe vera complete the experience, leaving feet refreshed, legs lighter and every step renewed.

Includes: *Foot bath ritual – foot and lower-leg exfoliation – focused massage to the feet, ankles and lower legs – cooling and nourishing finishing application*

60 minutes €190 | €190 *

***** price on Sept 10, 2026

FACE

The ESPA Facial Method

The ESPA Facial Method offers a complete experience designed to restore your natural beauty and inner calm. Thoughtfully designed to reveal healthy radiant skin, each experience harnesses the power of expert touch and sensory awareness to deliver visibly renewed, naturally beautiful results.

At its heart lies our signature therapeutic facial massage — an artful combination of time-honoured techniques and over 30 years' experience. Expertly choreographed by our skilled therapists, these advanced, hands-on movements work intuitively with your skin, releasing tension, lifting, enhancing vitality and delivering exceptional, visible results.

ESPA Bespoke Facial Method

ALL SKIN TYPES | PERSONALISED | SUITABLE FOR SENSITIVE SKIN

Deeply cleanse, hydrate and renew with this instant-results facial. Tailored to your skin's precise needs, natural formulas work immediately to transform your complexion while pure aromatherapeutic oils calm your mind. Skin looks clear and naturally radiant, while inner calm is blissfully restored.

Includes: *Skin analysis with Skin Vision lamp – triple cleanse – exfoliation – facial massage – personalised mask – scalp massage*

30 minutes €150 | €150 *

60 minutes €210 | €210 *

ESPA Nourish & Glow

RADIANCE | GUA-SHA | ALL SKIN TYPES

Restore natural radiance with this invigorating, nutrient-rich facial. A sculpting Gua Sha massage stimulates the lymphatic and circulatory systems, while exfoliation and multi-masking revive dull, tired skin. Concentrating on the scalp, face, neck and décolletage, this revitalising treatment leaves your complexion healthy, luminous and glowing with vitality.

Includes: *Skin analysis with Skin Vision lamp – cleansing and exfoliation (including FOREO) – Gua Sha facial massage – double mask – hand and arm Gua Sha massage*

60 minutes €210 | €210 *

ESPA Tri-Active Intense Regenerating Facial

ADVANCED ANTI-AGEING | FIRMING | MENOPAUSE-FRIENDLY

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened, and your skin is left feeling beautifully refined, soft and supple.

Includes: *Skin analysis with Skin Vision lamp – triple cleanse – exfoliation – lifting facial massage – toning mask – scalp massage*

60 minutes €245 | €245 *

ESPA Natural Face Lift

HERO TREATMENT | SCULPTING | ADVANCED TECHNIQUES

Reveal visibly resilient, healthy-looking, youthful skin. Combining cutting-edge prebiotic and probiotic technology with age-defying Kobido-inspired massage and stimulating jade rollers, this specialised facial firms, lifts and restores a beautifully radiant complexion.

Includes: *Skin analysis with Skin Vision lamp – double cleanse – steam – Japanese Kobido-inspired facial massage – stimulating jade rollers – sculpting & lifting massage techniques – Lifting & Smoothing Mask – scalp massage*

90 minutes €360 | €360 *

***** price on Sept 10, 2026

Give yourself permission to pause.
The world will wait.

MASSAGE

Rediscover Inner Calm & Physical Wellbeing

Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body.

Targeted massage movements ease muscular tension, stimulate circulation and support lymphatic flow, helping to reduce physical fatigue and restore balance within the body. As stress dissolves and the nervous system recalibrates, a sense of grounded calm takes hold. You emerge feeling lighter in body, clearer in mind and renewed with sustained energy and focus.

ESPA Inner Calm

EMOTIONAL WELLBEING | AROMATHERAPY | GENTLE PRESSURE

Quiet your mind, release tension and nourish your skin with this holistic, deeply restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular tension, soothes anxiety and induces profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

Includes: *Breathwork – full-body aromatherapy massage – scalp massage with Rose Quartz Crystals*

60 minutes €210 | €210 *

90 minutes €315 | €315 *

ESPA Professional Deep Muscle

MUSCLE RELIEF | TARGETED PRESSURE | RECOVERY

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: *Targeted massage, focusing on areas of concern – scalp massage*

60 minutes €225 | €225 *

90 minutes €335 | €335 *

ESPA Salt Stone Recharge

MUSCLE RECOVERY | SALT STONES | DEEP RELAXATION

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with salt stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils calm the mind to relieve stress, restore your spirits and leave you feeling rejuvenated.

Includes: *Full-body aromatherapy massage with salt stones – scalp massage*

60 minutes €225 | €225 *

90 minutes €335 | €335 *

ESPA Poultice Massage

REVITALISING | HARMONY | REBALANCING

Designed to revitalise and cleanse mind and body, this treatment uses warm herbal poultices to soothe muscles and joints while stimulating circulation, followed by a purifying and rebalancing massage.

Includes: *Herbal poultice – full-body massage*

90 minutes €335 | €335 *

Enhance any massage with ESPA Hydra-Gel Eye Patches or a Salt & Oil Body Exfoliation — see Deepen Your Fjaka.

***** price on Sept 10, 2026

Here, you are not a guest.
You are the reason this place exists.
Let the tension dissolve.
Let the stillness speak.
Let yourself be restored.

BODY

NATURALLY POWERFUL

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced, and skin's natural beauty is restored.

ESPA Iconic Back, Face & Scalp

FACE & BODY | DEEP RELAXATION | AWARD WINNING

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly personalised facial, helping you to look and feel your very best — restored, de-stressed and beautifully radiant.

Includes: *Back exfoliation – back massage with or without salt stones – bespoke facial method – scalp massage*

90 minutes €335 | €335 *

ESPA Marine Wrap

NOURISHING | DETOXIFYING | RADIANCE

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results with naturally detoxifying algae or nourishing marine mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

Includes: *Skin brush – body exfoliation – algae or mud wrap – scalp massage*

60 minutes €210 | €210 *

ESPA Sun Soother Wrap

REHYDRATION | SOOTHING | AFTER-SUN HERO

Soothe and restore sun-kissed skin with this luxurious after-sun body ritual. Gentle exfoliation is followed by a comforting Marine Mud Wrap to replenish moisture and revive radiance. Your ritual concludes with a full-body application of a nourishing blend of jojoba oil, sweet almond oil, red clay and watercress extracts, leaving skin beautifully hydrated, softened and restored.

Includes: *Gentle exfoliation – soothing marine mud wrap – scalp massage*

60 minutes €210 | €210 *

ESPA Ocean Glow

RADIANCE | SEA MINERALS | NOURISHMENT

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth and supple and looks radiantly healthy.

Includes: *Skin brush – full-body salt and oil exfoliation – choice of relaxing or detoxifying body aromatherapy oil*

45 minutes €160 | €160 *

***** price on Sept 10, 2026

DEEPEN YOUR FJAKA

Fjaka is the Dalmatian art of surrendering to the moment — a deeply relaxed state of body and mind. Personalise, extend or enhance any treatment with one of our carefully selected experiences, or build a ritual entirely your own. Not available as a standalone booking.

ESPA Cryotherapy Globe Enhancement

The rejuvenating benefits of cooling cryotherapy globes calm, invigorate and awaken the complexion, releasing facial tension and restoring a healthy, luminous glow.

15 minutes €50 | €50 *

ESPA Hydra-Gel Eye Mask

Re-energise and revive tired eyes with ESPA's Hydra-Gel Eye Mask, enriched with minerals, antioxidants and natural extracts that help plump, brighten and soothe. The eye area is left visibly brighter and feeling re-energised.

€20 | €20 *

ESPA Invigorating Foot Treatment

TIRED FEET | AROMATHERAPY | MUSCLE RELIEF

A revitalising treatment for tired feet and heavy legs, helping to reduce puffiness and soothe aches and pains.

Includes: *Refreshing exfoliation – deeply therapeutic foot and lower-leg massage*

30 minutes €95 | €95 *

ESPA Peppermint & Aloe Polish

SMOOTHING | PEPPERMINT & ALOE | COOLING

An intensely exfoliating treatment using a natural blend of sea salt, peppermint, aloe vera and the purest oils to polish away dull, dry cells, cool and soothe the skin, and infuse it with rich nourishment.

Includes: *Skin brush – soothing full-body exfoliation*

30 minutes €95 | €95 *

ESPA Ocean Glow

RADIANCE | SEA MINERALS | NOURISHMENT

Revive skin's natural softness and glow with this intensely exfoliating treatment. A natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment.

Includes: *Skin brush – full-body salt and oil exfoliation – choice of relaxing or detoxifying body aromatherapy oil*

30 minutes €95 | €95 *

* price on Sept 10, 2026

HANDS & FEET

Hardworking hands and travel-weary feet are restored with the same holistic care found throughout the spa. Naturally effective formulas, paired with precise technique, leave nails polished and skin renewed, with a lasting sense of ease.

Hands & Feet Signature Ritual

STON SEA SALT | MARINE MINERALS | DEEP RESTORATION

Inspired by the salt pans of the nearby Pelješac coast — among the oldest still in use in Europe — this signature ritual softens and restores hands and feet with an extended warm oil massage, as well as meticulous nail care and polish. Choose hands or feet alone for a focused, unhurried treatment, or both together in one sitting.

Includes: *Sea salt exfoliation – extended warm oil massage – cuticle and nail care – polish application, if selected*

Hands or feet · 90 minutes €155 | €155* **75 minutes without polish €135** | €135 *

Hands & feet together · 120 minutes € 205 | €205* **105 minutes without polish €185** | €185 *

Complete Manicure

EXFOLIATION | MASSAGE | POLISH

A thorough hand treatment combining exfoliation and cuticle care with a relaxing hand and arm massage using aromatherapy oils, finished with a polish of your choice.

Includes: *Soak – exfoliation – cuticle care – hand & arm massage – polish application, if selected*

60 minutes · with polish €80 | €80 *

45 minutes · without polish €60 | €60 *

Complete Pedicure

EXFOLIATION | MASSAGE | POLISH

Feet and lower legs are cared for from sole to shin, with exfoliation, callus treatment and a restorative massage using aromatherapy oils.

Includes: *Soak – exfoliation – callus treatment – foot & lower-leg massage – polish application, if selected*

60 minutes · with polish €100 | €100 *

45 minutes · without polish €75 | €75 *

Soft Gel Removal..... 30 minutes €30 | €30 *

***** price on Sept 10, 2026

EXPRESS YOURSELF

For when time is short, but care shouldn't be.

ESPA Back, Neck & Shoulder Massage

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.

Includes: *Massage to the back, neck and shoulders*

45 minutes €180 | €180 *

ESPA Express Facial

ALL SKIN TYPES | PERSONALISED | SKIN BOOST

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils calm your mind, leaving you looking and feeling relaxed and radiant.

Includes: *Skin analysis with Skin Vision lamp – double cleanse – exfoliation – personalised mask – scalp massage*

45 minutes €180 | €180 *

Express Manicure

NAIL SHAPE | CUTICLE CARE | POLISH

A quick, precise finish for hands in need of tidying. Nails are shaped, cuticles neatened and a polish of your choice applied.

Includes: *Nail shape – cuticle tidy – polish application, if selected*

45 minutes · with polish €55 | €55 *
30 minutes · without polish €35 | €35 *

Express Pedicure

NAIL SHAPE | CUTICLE CARE | POLISH

The ideal reset for tired feet. Nails are shaped, hard skin gently smoothed and a polish of your choice applied for an instantly refreshed finish.

Includes: *Nail shape – cuticle tidy – callus smoothing – polish application, if selected*

45 minutes · with polish €65 | €65 *
30 minutes · without polish €45 | €45 *

Polish Refresh — Hands or Feet ..... 30 minutes €30 | €30 *

***** price on Sept 10, 2026

THE THERMAL EXPERIENCE

For centuries, heat, steam and cooling rituals have been used to restore balance. Move through the experiences at your own pace, alternating warmth with cooling and allowing time to rest and hydrate between experiences.

STEAM BATH

APPROXIMATELY 40–45°C | HIGH HUMIDITY

Warm, enveloping steam gently heats the body, helping muscles soften while the mind begins to slow.

Best for: Gentle warming | Preparing the body for deeper heat

HERBAL SAUNA

60–70°C | 20–30% HUMIDITY

Moderate heat combines with aromatic herbal vapour as water passes slowly through a botanical infusion above the sauna stones.

Best for: Gentle heat | Botanical aromas

SALT SAUNA

APPROXIMATELY 70–85°C | DRY HEAT

Our most intense heat experience combines dry sauna warmth with the calming atmosphere of Himalayan salt, easing tired muscles after an active day.

Best for: Deep warmth | Tired muscles | Post-activity recovery

ICE FOUNTAIN

COOLING CONTRAST

After the heat, take fresh ice and sweep it gently over your arms and legs towards the body for an invigorating cooling contrast.

Best for: Cooling | Refreshment | Invigoration

HEATED RELAXATION BENCH

WARM REST

Settle onto the gently heated bench between experiences, giving the body time to recover before continuing.

Best for: Rest | Recovery | Gentle warmth

ENJOYING THE THERMAL EXPERIENCE

Begin with a shower, then choose the heat experience that feels right for you. If you are new to thermal bathing, start gently. Enjoy each heated experience for approximately 10–15 minutes, or less according to your comfort. Cool down with a shower or by using the Ice Fountain, then rest before continuing. Stay hydrated throughout and listen to your body.

THE THERMAL RITUAL

Make the experience your own with a self-guided ESPA ritual. Choose a ritual card at spa reception according to the mood or focus that calls to you — from grounding and restorative to clarifying or energising — and our team will select the ESPA products to accompany your journey.

Before the Heat

Prepare the skin with a gentle ESPA exfoliation, helping to smooth and ready the body for the warmth ahead.

In the Heat

Apply your selected face, hair, scalp or body mask and allow the warmth and steam to deepen the sensory experience.

After the Heat

Restore moisture and comfort with a nourishing ESPA body oil or cream as the body returns to stillness.

€25 per person | €25 per person (price on Sept 10, 2026)

Includes your ritual card and personally selected ESPA products for the thermal suite.

Temperatures are approximate

WELLNESS PROGRAMMING

The wellness programme at The Spa at Villa Argentina moves with the day — and with the setting. Sessions take place in the pools, in the gardens, and on the wellbeing deck overlooking the Adriatic, each space chosen to deepen the practice it holds. From sunrise yoga and Pilates to aqua therapy, sound healing and functional movement, the programme changes week to week, led by specialist practitioners with genuine expertise in their disciplines.

The weekly schedule is available at Spa reception each Monday. Some sessions are open to all; others benefit from smaller group sizes and may be bookable in advance.

Our therapists offer a range of treatments, subject to availability, and we're joined from time to time by local specialist practitioners offering private sessions in yoga, Pilates, sound healing, shiatsu, reflexology and Thai massage. Ask to see our practitioner folder when you're with us; our wellness hosts at spa reception can tell you who is currently available, explain what they specialise in and which treatments or activities might suit you, and check availability for anything that catches your interest.

The sea, the garden, the morning light — the setting is part of the practice.

THE PRACTICALITIES

A few things worth knowing, so you can spend your time doing absolutely nothing.

Arrive Unhurried
Give yourself longer than you think you need — arrive at least 15 minutes before your treatment. Come already in your robe if you like and enjoy the thermal suite beforehand rather than after; it opens the body beautifully for what follows, and we'll have tea waiting either way.

Before You Begin
Please shower before treatments and before entering the pools or thermal suite. It's a small thing that makes a real difference — to your skin, to your therapist, and to everyone sharing the water with you.

Leave the Phone Behind
The spa is a phone-free space. Consider it a small, sanctioned disappearance. The world will still be there when you're done.

Tell Us Everything
Injuries, allergies, pregnancy, preferences — nothing is too small to mention. The more we know, the better we can tailor your ESPA treatment.

After Your Treatment
Give the ESPA oils and actives time to do their work. Avoid direct sun for at least 6 hours, drink plenty of water, and resist the urge to shower immediately or dive straight into the sea. Move slowly — you've earned it.

Cancellations
24 hours' notice, please. For cancellations made within that window, a 50% charge applies; no-shows are charged in full. We'd always rather find you a new time.

Children in the Spa
The spa, thermal suite, relaxation areas and gym are reserved for guests aged 16 and over.

In the Gym
The fitness studio is a shared space — please wear appropriate gym attire and footwear for your comfort and everyone else's.

Your Valuables
Please leave jewellery in your room. Secure lockers are provided — but we'd rather you didn't need them.

Homecare & Gifts
Fell for something we used on you? Every ESPA product featured on this menu is available at spa reception — to take home for yourself, or as a considered gift for someone else.

Pomalo
The Dalmatian art of doing things without urgency. The sea will still be there after your treatment. So will we.

For reservations, please contact spa reception or speak with your concierge. Advance booking is recommended — not because we'll run out of time, but because anticipation is its own pleasure

VAT is included in all prices. Prices and treatments are subject to change without prior notice.